

REPORT

JICA
Country-Focused Training Course
On
Maternal and Child Health in Indonesia

August 23 –September 16, 2004

OSAKA INTERNATIONAL CENTER, JICA



Nonprofit Organization
Health And Development Service
(HANDS)

Preface

In Japan, it is very common that a pregnant woman gets Maternal and Child Health (MCH) Handbook. In Indonesia, a MCH Handbook was firstly distributed in 1994 and the MCH Handbook program has successfully spread throughout the country to ensure the quality of MCH services in Indonesia.

It is my great pleasure to conduct *the country-focused training course on maternal and child health in Indonesia* in 2004 under the collaboration between the Government of Indonesia and Japan International Cooperation Agency (JICA). The participants from Indonesia visited many places in Japan and discussed on MCH Handbook. I am sure that both Indonesian participants and Japanese professionals were able to learn from each other and exchange the ideas to improve maternal and child health through MCH Handbook.

I would like to express my great gratitude to the participants from Indonesia and Japanese professionals who participated in the training course. And also I would like to thank to Health and Development Services (HANDS) for its excellent arrangement of this training course.

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International Collaboration Division,
Research Center for Civil Society, Graduate School of Human Sciences
Osaka University

Steering committee member
The country-focused training course on MCH in Indonesia



Mothers' and Children's Health and Welfare Association / Children's Castle
(August 30th 2004)

Staff of Children's Castle is explaining the play activities for children.



Saitama Prefectural University (September 1st 2004)

Professor of Saitama Prefectural University is giving a lecture on practical training of Midwifery.



Saitama Prefectural University (September 1st 2004)

Cultural Exchange Lunch was prepared by the University. Indonesian Participants enjoyed warm interaction with the students.



Saitama Prefectural Konosu Public Health Center (September 3rd 2004)

Indonesian Participants accompanied Public Health Nurses and observed home visit service for premature babies.



Kobe General Children's Center (September 7th 2004)

Indonesian Participants are joining in “Class for Extremely Low Birth Weight Babies and their Parents” at Kobe General Children’s Center.



Yashiro Town Health Center (September 8th 2004)

Indonesian Participants observed “Consultation for Child Care” in Yashiro Town. They asked Public Health Nurse questions about procedure of the consultation.



Ebara Children's Clinic (September 8th 2004)

Dr. Ebara gave lecture about the role of Pediatrician in the community and the importance of MCH Handbook for private pediatric clinic. Indonesian Participants observed health check-up in this clinic.



Hyogo Prefectural Kobe Children's Hospital (September 9th 2004)

Indonesian Participants paid courtesy call on the Hospital Director, Dr. Hajime Nakamura.



Mana Maternity Home (September 10th 2004)

Indonesian Participants were given a lecture from midwife, Ms. Nagahara about the service of Maternity Home. Participants also had a chance to watch videos on childbirth in the water and sex education in the kindergarten.



Symposium on Maternal and Child Health in Indonesia (September 11th 2004)

A total of fifty participants from Japan side, such as students or MCH service providers gathered in the Symposium. Participants actively discussed such issues as different MCH situation between Indonesia and Japan.



Making Plan of Action (September 12th -14th 2004)

Indonesian Participants is writing Plan of Action based on the experiences that they have learnt through this training course.



Closing Ceremony (September 14th 2004)

All Participants are happy and smiling as they completed the training course and got certification from JICA Osaka Center.

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1. Background of Technical Training

The training course on “Maternal and Child Health in Indonesia” is designed to provide participants with a deeper understanding of the maternal and child health service system in Japan and enable them to introduce and to sustain the Maternal and Child Health (MCH) Handbook system in their own regions in Indonesia.

In 1994, the MCH Handbook system was introduced into the pilot area in Indonesia, afterward the situation of maternal and child health was successfully improved in the provinces where the pilot project has been implemented. As of 2002, 22 out of 30 provinces in Indonesia have started MCH Handbook distribution at the whole area or a partial area in each province. There exists other provinces that are eager to adopt the MCH Handbook system but have yet to gain access to it.

Regarding MCH Handbook system, Japan has 50 years of experiences and learnt many lessons to share with other countries. JICA’s “the project for ensuring quality of maternal and child health through MCH Handbook in Indonesia” has started yearly training course on MCH system in Japan for the Indonesian counter parts since 1998. Nineteen counter parts were trained by JFY 2001. However, as the participants were only from National and provincial (two selected provinces) level of Indonesian Ministry of Health, the rest of provinces / districts located outside of the project areas could not have the opportunity to participate in this training course.

At the same time, under the current strong decentralization in Indonesia, JICA needed to strengthen the commitment of Indonesian local governments in order to ensure the sustainability of MCH Handbook system. It is truly the local governments who play the key role in implementing MCH Handbook system in Indonesia.

Due to the overall situation described above, JICA developed country-focused training course on MCH in Indonesia for three years from JFY 2002. The training course aimed at providing the opportunities to the Indonesian decision makers from local governments and professional organizations in order to broaden their horizon on the important role of MCH Handbook within the context of maternal and child health service system in Japan.

2. Outline of Technical Training

2.1 Course purposes

By the end of the course, the participants are expected to:

1. Deepen their understanding of policy on maternal and child health and usage of MCH Handbook in Japan.
2. Deepen their understanding of regional community health policy related to MCH Handbook.
3. Make an action plan that is applicable in Indonesia.

Specific objectives:

1. Deepen their understanding of policy on maternal and child health and usage of MCH Handbook in Japan.
2. Deepen their understanding of community health policy in local government related to MCH Handbook.
3. Deepen their understanding of usage on MCH Handbook in daily health and medical services.
4. Deepen their understanding of cooperation between professional organizations and local government for the better policy making and service provision in the field of maternal and child health.

2.2 Participants

Criterion

The personnel who have decision making authorities on MCH Handbook program in their provinces, and have at least 5 years of experiences in one of the following organizations;

- a. Provincial health office
- b. District / municipal health department
- c. Provincial obstetricians' association
- d. Provincial pediatricians' association
- e. Provincial midwives' association

Characteristics of the participants

Eight participants joined this year's training course. They were: 3 officers from Provincial Health

Office; 3 officers from Municipal Health Office and 3 persons from professional organizations such as Indonesian pediatricians association, Indonesian Obstetricians and Gynecologists Association and Indonesia Midwifery Association. One of the participants from professional organizations holds the concurrent post within the Municipal Health Office. Female/Male ratio of the participants is 3:5.

2.3 Period

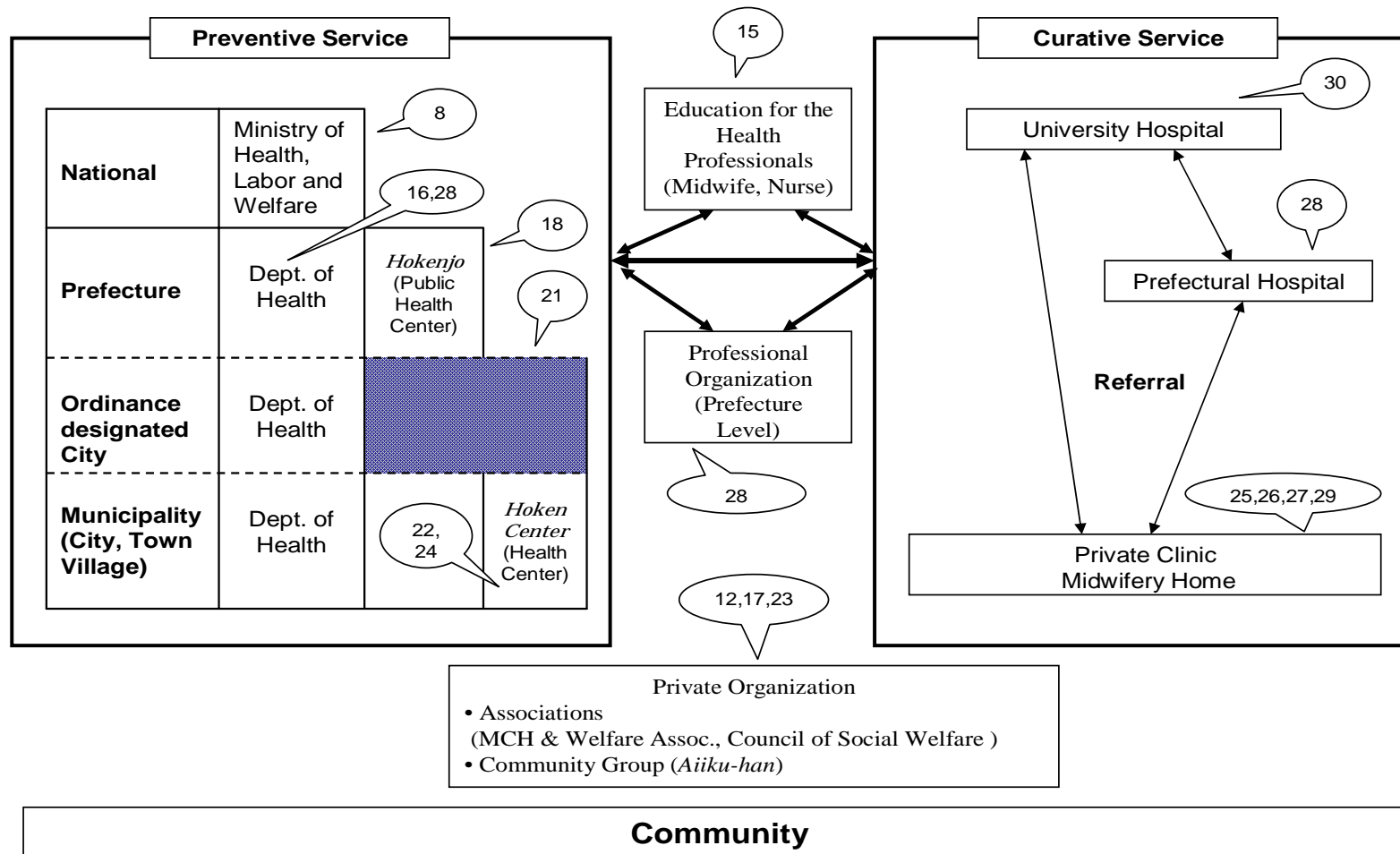
From 23 August to 16 September, 2004 (Total 25 days)

- General orientation 2 days
- Technical training 17 days
- Evaluation meeting 1 day

2.4 Venues

- Osaka International Center (JICA)
- Tokyo International Center (JICA)
- Health institutes in Tokyo, Saitama and Hyogo Prefecture

2.5 Framework



2.6 Schedule and Subject

No.	Date	Day	Time	Subject	Instructor/Organization	Place
1	Aug 23	Mon		Arrival in Japan		
2	24	Tue	9:40-14:30	Briefing	Briefing Staff	JICA Tokyo
3	25	Wed	9:40-15:30	General Orientation Japanese Education		JICA Tokyo
4				Program Orientation	Mr. Junichi Hirano (JICA Programme Officer)	
5	26	Thu	9:30-10:30	Technical Orientation	Ms. Noriko Toyama (Int'l Research Center for Medical Education, Tokyo University)	JICA Tokyo
6			10:30-12:30	Provincial Report Presentation		
7			13:30-16:30	Maternal and Child Health (MCH) Care System in Japan		
8	27	Fri	10:00-12:00	Role of the Ministry Process of MCH Handbook Revision	Ms. Miki Shimada (Ministry of Health, Labor and Welfare)	Ministry of Health, Labor and Welfare
9			14:00-15:30	Role of Japan International Cooperation Agency, MCH Projects by JICA	Mr. Akira Hashizume (Human Development Dept.)	JICA Headquarters
10	28	Sat		Holiday		
11	29	Sun		Holiday		
12	30	Mon	13:00-16:00	Distribution and Managing System of MCH Handbook	Dr. Toshihide Ei (Chairman of Mothers' and Children's Health and Welfare Association)	Mothers' and Children's Health and Welfare assoc.
13	31	Tue	13:00-16:00	Follow-up Meeting	Ms. Noriko Toyama (Tokyo University)	JICA Tokyo
14				Tokyo → Saitama		
15	Sep 1	Wed	10:30-15:30	MCH Handbook Use in Nursing and Midwifery Education	Saitama Prefectural University	Saitama Prefectural Univ.
16	2	Thu	9:30-10:40	Roles of MCH Care System in Local Governments	Ms. Sumiyo Asai (Children and Family Div.)	Saitama Prefectural Gov.
17			13:00-16:00	MCH Handbook Use in Aiiku-han Activities	Ms. Kyoko Katayanagi (Aiiku-kai, Saitama Prefecture) Yoshimi Town Aiiku-kai	Yoshimi Town Health Center
18	3	Fri	10:30-15:30	Use of MCH Handbook in Public Health Centers (<i>Hokenjo</i>)	Saitama Prefectural Kounosu Public Health Center	Saitama Prefectural Kounosu Public Health Center
19	4	Sat		Tokyo Ibaraki		
20	5	Sun		Holiday		
21	6	Mon	9:30-11:30	MCH Care Services in Kobe City	Dr. Yoshitaka Mouri (Kobe City Public Health Center)	Kobe City Public Health Center

No.	Date	Day	Time	Subject	Instructor/Organization	Place
22			13:00-15:30	MCH Care Services (Eighteen-month Baby Health Checkup)	Ms. Michiko Inaoka (Ono City Health Center)	Ono City Health Center
23	7	Tue	10:00-11:00	Class for Extremely Low Birth Weight Babies and Parents	Prof. Satoshi Takada (School of Medicine, Kobe University)	Kobe General Children's Center
24	8	Wed	9:30-11:30	MCH Care Services (Consultation for Child Care)	Ms. Yoshiko Niki (Yashiro Town Health Center)	Yashiro Town Health Center
25			13:30-16:00	MCH Handbook Use in Pediatric Practitioner	Dr. Hakuyo Ebara	Ebara Children's Clinic
26	9	Thu	9:30-11:30	MCH Handbook Use at Private Maternity Home	Ms. Taeko Mori	Mori Maternity Home
27			13:30-14:00	MCH Handbook Use at Private OB/GYN Clinic	Prof. Hiroya Matsuo (School of Medicine, Kobe University)	Hayashi Obstetrics & Gynecology Clinic
28			15:00-18:00	Seminar: Collaboration among Professionals and Local Government's in the Regional MCH Care Policy / Friendship Exchange	Dr. Masanobu Ohashi (Japan Obstetricians Association) Dr. Takashi Fujita (Japan Pediatricians Association) Ms. Chisato Mino (Hyogo Prefectural Government)	Hyogo Prefectural Kobe Children's Hospital
29	10	Fri	10:00-12:00	Activities in Maternity Home	Ms. Ikuko Nagahara	Mana Maternity Home
30			14:00-15:30	Medical Facilities and Referral System	Ms. Naoko Ichimura (Perinatal Center)	Kobe University Hospital
31	11	Sat	14:30-17:00	Symposium : Current Situation of MCH in Indonesia	Prof. Satoshi Takada (School of Medicine, Kobe University)	Shinryoku Hall, Kobe University
32	12	Sun	10:00-16:00	POA Making	Ms. Herrera (Osaka University)	JICA Osaka
33	13	Mon	10:00-16:00	POA Making	Ms. Noriko Toyama (Tokyo University)	JICA Osaka
34	14	Tue	10:00-16:00	POA Making and Presentation		JICA Osaka
35			16:00-16:30	Closing Ceremony		
36	15	THU	9:30-10:00	Evaluation Meeting	Mr. Junichi Hirano (JICA Programme Officer)	JICA Osaka
37			10:00-12:00	Technical Evaluation Meeting	Ms. Noriko Toyama (Tokyo University)	
38			13:00-14:30	Final POA Making		
39	16	FRI		Leave for Jakarta		

2.7 Course Curriculum

Output	Lecturer / Institute	Method	Day
1. To understand health policy and system, and health insurance system in Japan	Prof. Yasuhide NAKAMURA, Graduate School of Human Sciences, Osaka Univ.	Lecture	0.5
2. To understand the role of Japanese Ministry of Health and maternal and child health policy	Division of MCH, Ministry of Health, Labor and Welfare	Lecture	0.5
3. To understand MCH handbook program	Division of MCH of Saitama and Hyogo Prefecture	Lecture	Total. 3.0
4. To understand the role and maternal and child health policy of the local government	Public Health Center (<i>Hokenjo</i>) Health Center (<i>Hoken Center</i>)		
5. To understand various maternal and child health services in local government through observation		Visit & Observation	Total 4.0
<ul style="list-style-type: none"> • Management of printing and distribution of MCH Handbooks. • Usage (antenatal care, delivery, out patient clinics) • Usage (health check up for infant / children) 	MCH and Welfare Association Clinic and maternity home Public Health Center (<i>Hokenjo</i>) Health Center (<i>Hoken Center</i>) Clinic		
6. Exchange information			
<ul style="list-style-type: none"> • To understand collaboration between professional organization and local government 	Japan Obstetrician Association, Japan Pediatric Association, Div. of Health Promotion, Hyogo Prefecture	Seminar	0.5
<ul style="list-style-type: none"> • To organize International Symposium on MCH Handbook 	Prof. Satoshi Takada, Kobe University	Discussion	1
7. To understand referral system and health facilities	Kobe University Hospital Hyogo Prefecture Kobe Children's Hospital Clinic, Maternity home	Visit & lecture, observation	1
8. To make an action plan to apply in Indonesia		Practice & presentation	2.0

3. Review of Technical Training

3.1 Achievement of Major Objectives

Major Objectives of this training course are described below. In order to measure the participants' degree of improvement against these objectives, simple before / after questionnaire survey was conducted.

<Major objectives of the training course>

- 1) Deepen participants' understanding of maternal and child health policy and the usage of MCH Handbooks in Japan
- 2) Deepen their understanding of regional community health policy related to MCH Handbook
- 3) Make an action plan that is applicable in Indonesia.

Following table is the result of before / after questionnaire survey mentioned above. As is shown in the table below "after the training scores" indicates some improvement on the knowledge and skills of the participants.

	Objective 1	Objective 2	Objective 3
Before the training	3.3	3.3	3.3
After the training	4.6	4.4	4.4

* Self-rating scale by the participants, Full-score is 5

In addition to the before / after questionnaire survey, participants were asked about their future plans related to three major objectives of this training course. They responded as follows:

<Objective 1: MCH policy & MCH Handbooks in Japan>

- "I would like to promote MCH Handbook among professional associations and medical institutions." (member of professional association)
- "I would like to launch MCH Handbook program in my province by utilizing POA." (director of provincial health office)
- "I would like to increase the distribution sites of MCH Handbook not only at the provincial health office but also at municipal health office."

<Objective 2: regional community health policy >

- "I will advocate the promotion of MCH Handbook to the Ministry of Health." (member of professional association)
- "I am going to establish a regional community health network among experts in all related sectors in my province" (provincial health officer)
- "I got some idea from Japanese community health services to develop regional community health policy and MCH Handbook program in Indonesia"(provincial health officer)

<Objective 3: POA>

- "By utilizing my POA, I would like to promote MCH Handbook and to develop human resources who can be involved in MCH Handbook project, and who can manage MCH Handbook system." (member of professional association)
- "In order to improve MCH Handbook Project in my province, I would like to implement activities along with my POA " (provincial health officer)
- "I will implement my POA with my colleagues and experts together" (provincial health officer)
- "I will use POA as a tool for monitoring and evaluation of the MCH Handbook project"

- (provincial health officer)
 - “I will integrate MCH Handbook system to my hospital” (member of professional association)

3.2 Effectiveness of Training Method

Following five training methods were adopted in this training course;

1. Technical Orientation/ Follow up Meeting

At the beginning of the training course, Technical Orientation was provided to explain the course schedule and objectives of Plan of Action. During the second week, Follow-up Meeting was held to remind the participants about the importance of POA.

2. Provincial MCH situation report

Through the participants’ presentations on the provincial MCH situation that they have prepared prior to the arrival in Japan, the participants and training course organizers were able to share the important information.

3. Lecture/ Visit and Observation

Lecture: Within the lecture time, general information such as the structure of MCH services in Japan were given prior to providing more specific information such as local health service providers.

Visit and Observation: Based on the experiences of last two trainings, more visits to institutions for MCH service end-users such as Health Centers (*Hoken-center*) in small municipalities and maternity homes were arranged.

4. Seminar and Symposium

During the training course, one seminar on “collaboration among Professionals and Local Government's in the regional MCH Care Policy” was arranged and one symposium on “Current Situation of MCH in Indonesia” was organized inviting general public of Japan. Through the seminar and symposium, Indonesian participants and Japanese people were able to share the important information and experiences.

5. Making a Plan of Action (POA)

POA was one of the core activities of the training course. Through making of POA, participants were expected to:

- Apply all the knowledge and skills that they have learnt through this training course in order to implement or promote MCH Handbook program in their provinces/ districts;
- Improve skills to plan, monitor and evaluate their own work back in Indonesia;
- Improve computer skills to develop presentation.

In addition to the training methods described above, following teaching techniques seemed to have contributed to participants’ better understanding:

- * At the beginning of each class, 10 minutes brief explanation on “what we will learn today” was provided in Indonesian language;
- * Lectures with audiovisual aids such as Power Point presentation or video;
- * Combination of lectures with audiovisual aids, and visit and observations;
- * Repeated reminder about the importance and preparation of POA throughout the training course;
- * Interpretation service from Japanese to Indonesian language.

3.3 Technical Evaluation Meeting

Finally Technical Evaluation Meeting was held on September 15th, 2004 in order to wrap up the training course. At this meeting, each participant discuss freely on the contents of technical training. The members of this meeting were: eight Indonesian participants; Ms. Noriko Toyama (training course facilitator); Ms. Sizuko Nakamura (JICE); and Ms. Shio Kuwabara (HANDS).

3.3.1 What participants learnt from Japan

▷ New ideas or knowledge which the participants learnt thorough this training course were as follows:

<MCH policy >

- Referral system among health facilities
- Good collaboration between government sectors and private sectors
- MCH service are sustained by multi-sector collaborations
- Health insurance system
- Health promotion and prevention activities at public health services

<MCH Handbook>

- General information on how to utilize MCH handbook in Japan
- Valid birth certification is attached to MCH handbook
- Distribution system (free of charge for all pregnant women)
- Important role of mothers to sustain MCH handbook system
- Strong demand for MCH Handbook among Japanese people
- Political will and government commitment to use MCH handbook

<Human resources for MCH service providing>

- Nation-wide network among health professionals in Japan
- Health personnel's skill improvement through in-service-trainings at the hospitals
- Establishment of network between Japanese-Indonesian professionals

<Japanese culture>

- The way of working or its ethos (perfectly and efficiently)
- Management system, information technology

▷ Experiences which the participants found them useful and applicable for sustaining MCH Handbook program in Indonesia are as follows:

<Collaboration and networking>

- Involvement of the related sectors to cope with MCH problems
- Improvement of intersectoral coordination among Ministries
- Establishment of the network between public and private sectors

<Advocacy>

- Advocate to the stakeholders for budget allocation
- To organize "MCH Handbook project team" and to conduct monitoring and evaluation
- To organize "prevention and promotion task force" at district level
- Promotion of MCH Handbook

<Activities>

- Training on the use of MCH Handbook for Health Workers and Health Volunteers

3.3.2 General opinions and suggestions from the participants

<Curriculum>

- Need more English reading materials
- Need basic information such as MCH policy in Japan prior to arrival in Japan (e.g.

- information in one CD)
- “It was a little bit difficult for the chief of government officer to take three-week holiday for training in Japan.”
- “The contents of some lectures and visits such as municipal health service were overlapping.”
- “Too many lectures (need more observations).”

<Contents of training >

It would be desirable if the training course includes:

- Survey method training
- Planning and budgeting at district level
- Quality of Care and child bearing at health facilities
- More opportunities to discuss with MCH professionals
- Additional information about MCH services in maternity hospital

4. Suggestion for Future Program

<Utilization of former JOCVs>

This training course attempted to utilize invaluable human resource such as former Japan Overseas Cooperation Volunteers (JOCVs) in the field of MCH in Indonesia as interpreters and observers. They have rich experiences of technical cooperation in the local Indonesian community setting. The presence of former JOCVs, who are familiar with language as well as MCH situation both in Japan and Indonesia, helped to promote active discussions among participants throughout the training. Involvement of former JOCVs is strongly recommended for the similar training in the future.

<Utilization of presentation opportunity>

Considering the last two years suggestions, presentation opportunities by Indonesian participants were arranged as much as possible. The presentation of Provincial MCH situation and POA, and the presentation at Symposium were very useful for the Indonesian participants to improve their presentation skill. It was also useful for Japanese to understand local MCH situations in Indonesia. It would have been even better if we could have invited more Japanese or other non-Indonesian in Japan to these presentations. In stead of too many “one-way lectures,” a lot of presentation opportunities promote active participation of the trainees.

<Repetitive reminder about the importance of Plan of Action: POA>

Based on the last two years experiences, this year’s course spend more time for building participants’ awareness of making POA. The importance and objectives of POA was repeatedly explained at the Technical Orientation during the first week and at the Follow up Meeting during the second week.. This attempt tuned out to be very effective as the participants were able to make high quality of POA at the end of the training course.

<Consideration of the better training environment>

It is very important to foster a better training environment for participants because comfortable environment for participants strongly affects their motivation and understanding toward the training. These comments from the participants will be very helpful for the future program implementation.

- “I wished to study basic Japanese at least 1 day for easy communication”
- “If there was a clear map, it was easy to understand where I am going.”
- “For Moslem, the arrangement for praying was necessary.”

<After training follow-up>

Is order to maximize the impact of this training course, follow-up activities such as monitoring of participants’ after-training-performance back in Indonesia, organizing ex-participants’ alumni association, and development of continuous learning tools need to be planned.

Annex

- I. List of Participants**
- II. Training Program**
- III. Plan of Action**
- IV. Reading Materials**
- V. References for Further Information**
- VI. List of Organizations and Individuals
Who Facilitated the Training Course**

Annex I

List of Participants

Annex II

Training Program

9/1	WED	10:30-15:30	L	MCH Handbook Use in Nursing and Midwifery Education		Saitama Prefectural Univ.	03-5805-8565	Saitama Prefectural University	
2	THU	9:30-10:40	L	Saitama Prefecture's MCH Policy	Ms. Asai	Children and Family Div., Saitama Prefectural Gov.	048-890-8619	Saitama Prefectural Government	Hotel Mets Urawa 048-826-0011
		13:00-16:00	L/O	Use of MCH Handbook in Aniku-han Activities	Ms. Katayanage	Boshi Aniku-Kai, Saitama Branch		Yoshimi Town Health Center	
8	FRI	10:30-15:30	L/O	Use of MCH Handbook in Public Health Centers		Saitama Prefectural Kounosu Public Health Center		Saitama Prefectural Kounosu Public Health Center	Yaesu Fujiya Hotel 09-9278-2111
				Saitama → Tokyo					
4	SAT			Tokyo → Osaka					
6	SUN		N						
6	MON	9:30-11:00	L	MCH Care Services in Kobe City	Dr. Mouri	Kobe City Public Health Center	078-322-6511	Kobe City Public Health Center	JICA Osaka 072-641-6900
		13:30-15:30	O	MCH Care Services (Eighteen-month Baby Health Checkup)		Ono City Health Center	0784-63-3977	Ono City Health Center	
7	TUE	10:00-11:00	O	Class for Extremely Low Birth Weight Babies and Parents	Dr. Takada	School of Medicine, Kobe University	078-796-4515	Kobe General Childrens' Center	
8	WED	9:30-11:30	O	Consultation for Child Care		Yashiro Town Health Center	0795-42-2800	Yashiro Town Health Center	
		13:30-15:30	O	MCH Handbook Use in Pediatric Practitioner	Dr. Ebara	Ebara Children's Clinic	0795-62-8680	Ebara Children's Clinic	
9	THU	9:30-11:30	L/O	MCH Handbook Use at Private Maternity Home	Ms. Mouri	Mouri Maternity Home	078-641-2040	Mouri Maternity Home	
		13:30-14:00	L/O	MCH Handbook Use at Private OB/GYN Clinic	Dr. Matsuo	School of Medicine, Kobe University	078-796-4525	Hayashi Obstetrics & Gynecology Clinic	
		15:00-18:00	L/D	Seminar on Collaboration among Professionals and Local Governments in the Regional MCH Care Policy / Friendship Exchange	Dr. Ohashi	School of Medicine, Kobe University	078-732-6961	Hyogo Children's Hospital	
10	FRI	10:00-12:00	O	Activities in Maternity Home	Ms. Nagahara	Mana Maternity Home	078-742-3474	Mana Maternity Home	
		14:00-15:30	L	Referral System	Ms. Ichimura	Kobe University Hospital	078-362-6111	Kobe University Hospital	
11	SAT	14:30-17:00		Symposium : Current Situation of MCH in Indonesia	Dr. Takada	School of Medicine, Kobe University	078-796-4515	Shinryoku Hall, Kobe University	
12	SUN	10:00-16:00	P	POA Making	Ms. Toyama	Int'l Research Center for Medical Education, Tokyo University	03-5641-3583	JICA Osaka	

					Ms Herrera	Faculty of Human Science, Osaka University			
13	MON	10:00-16:00	P	POA Making	Ms Toyama Ms Herrera	Int'l Research Center for Medical Education, Tokyo	03-5841-8888	JICA Osaka	JICA Osaka 072-641-6900
					Ms Herrera	Faculty of Human Science, Osaka University			
14	TUE	10:00-12:00	P	POA Making	Ms Toyama	Int'l Research Center for Medical Education, Tokyo University	03-5841-8888		
		13:00-15:00	D	Presentation of POA	Prof Nakamura Prof Takada Ms Toyama			"	
				Evaluation Meeting / Closing Ceremony	Mr. Hirano	JICA	072-641-6903		
15	WED	10:00-12:00		Technical Evaluation Meeting	Ms Toyama	Int'l Research Center for Medical Education, Tokyo University		"	
		14:00-16:00		Final POA Making					
16	THU			Departure					
<u>Organizations Concerned</u>									
JICA Osaka					Health and Development Service (HANDS)			Japan International Cooperation Center (JICE)	
Japan International Cooperation Agency					Yamanote Bldg 2F			Ibaraki-Daidoseimei Bldg 2F,	
26-1, Nishi Toyokawa-cho, Ibaraki City					3-20-7 Hongo, Bunkyo-ku,			5-10, Nishi Ekimae-cho, Ibaraki City	
Osaka 567-0058					Tokyo 118-0088			Osaka 567-0082	
TEL: 072-641-6900					TEL: 03-5805-8665			TEL: 072-624-8686	
FAX: 072-641-6915					FAX: 03-5805-8667			FAX: 072-624-8681	

Annex III

Plan of Action

- | | | |
|----|--|----------------------------|
| 1. | Mr. Josef Maria Seno Adjie | Jakarta |
| 2. | Mr. Choirul Anwar | Yogyakarta |
| 3. | Ms. Siti Mazkiyah | Brebes, Central Java |
| 4. | Ms. Rosnini Savitri | West Sumatera |
| 5. | Mr. Paulus Wignyohadi | Kupang, East Nusa Tenggara |
| 6. | Mr. Dodo Anondo | East Java |
| 7. | Mr. Oscar Primadi | West Kalimantan |
| 8. | Ms. Hendriani Selina Notosoegondo | Central Java |

Annex IV

Reading Materials

List of Reading Materials

Date	Lecturer	Title
Aug 26	Noriko Toyama (Course Coordinate Committee)	Technical Orientation
	Yasuhide Nakamura (Osaka Univ.)	Health Care System, Health Insurance System and MCH System in Japan (*available on the MoHLW website) Maternal and Child Health in Japan
Aug 27	Miki Shimada (Ministry of Health, Labor and Welfare)	Health administration in Japan Policy for MCH in Japan
	Akira Hashizume (JICA)	Learning on MCH in Japan
Aug 30	Toshihide Ei (Mothers' and Children's Health and Welfare Association)	Mothers' and Children's and Families' Health Education Group: Guide to program
Aug 31	Noriko Toyama	Follow up Meeting
Sept 1	Saitama Pref. Univ.	Saitama Prefectural University
		Nursing Education in Japan
		Midwifery in Japan
Sept 2	Sumiyo Asai (Saitama Pref.)	MCH activities in Saitama Prefecture Enforcement plan to keep MCH
	Kyoko Katayanagi (Boshi Aiiku Kai)	<i>Aiiku han</i> activity in Saitama Prefecture MCH in Yoshimi town
	Konosu Public Health Center	MCH in Konosu
Sept 6	Yoshitaka Mouri (Kobe City Public Health Center)	MCH Service of Kobe city
	Michiko Inaoka (Ono City Health Center)	Medical examination procedures for 18-th month old infants
Sept 7	Satoshi Takada (Kobe Univ.)	Family support for developing child's mind The outline of Kobe General Children's Center
		Yoshiko Niki (Yashiro Town Health Center)
Sept 8	Hakuyo Ebara (Ebara Children's Clinic)	The role of pediatrician in the community Vaccination schedule
	Sept 9	Hiroya Matsuo (Kobe Univ.)
Masanobu Ohashi (Japan Assoc. of OBGY)		Maternal and Neonatal referral system in Hyogo Prefecture
Takashi Fujita (Japan Pediatrics Assoc.)		Collaboration between Pediatricians and government in local MCH
Chisato Mino (Hyogo Pref.)		MCH in Hyogo prefecture
Sept 10	Ikuko Nagahara (Mana Maternity Home)	Roles played by Maternity Home for MCH and medical treatment in the community
	Naoko Ichimura (Kobe University Hospital)	Outline of Perinatal Center, School of Medicine, Kobe University hospital
Sept 11	Rosnini Savitri (Provincial Health Office)	Continuity of the MCH Handbook in West Sumatera
	Siti Mazkiyah (District Health Office)	Development of MCH Handbook in Brebes district, Central Java
	Elsi Dwi Hapsari (Kobe University)	MCH System in Japan
	Rita Mustika (Kobe University)	Bringing up Child with disability in Japan
Sept 12	Noriko Toyama	Action Plan

Annex V

References for Further Information

References for Further Information

Name of the Web site	URL	Remarks
Web Japan	http://web-japan.org/factsheet/govern/index.html	*Governmental Structure Information
Ministry of Health, Labor and Welfare	http://www.mhlw.go.jp/english/index.html	*Detailed information of the Ministry is available at “Policy Information” Column
>Organization Chart	http://www.mhlw.go.jp/english/org/detail/index.html	
JICA	http://www.jica.go.jp/	
OSIC	http://www.jica.go.jp/worldmap/english.html#osaka	
Children’s Castle	http://www.kodomono-shiro.or.jp/english/index.html	
Saitama Prefectural University	http://www.spu.ac.jp/English/index.htm	*University Guide is available
Saitama Prefecture	http://www.pref.saitama.jp/index_e.html	
Saitama Prefecture, Yoshimi Town	http://www.town.yoshimi.saitama.jp/tyouseiyouran/yoshimi.pdf	*Directory of Town Status is available
City of Kobe	http://www.city.kobe.jp/index-e.html	
Kobe General Children's Center (Kobekko Land)	http://www.kobekko.or.jp/center_contents.html	
Hyogo Prefectural Government	http://web.pref.hyogo.jp/english/index.html	
Hyogo Living Guide for Non-Japanese Residents	http://www.hyogo-ip.or.jp/livingguide/index.html	*Indonesian version is available
Hyogo Prefecture Kobe Children’s Hospital	http://www.hyogo-kodomo-hosp.com/english/indexE.html	
Japan Society of Obstetric and Gynecology	http://www.jsog.or.jp/english/index_e.html	*Bringing out Monthly Journal (mostly in English)
Japan Association of Obstetricians and Gynecologists	http://www.jaog.or.jp/ENGLISH/index.html	*30% of all OB-GYNs are belonging
Japan Pediatric Association	http://210.230.237.164/%7Ejpa/introduction-e/introduction-e.htm	
Graduate School of Human Sciences, Osaka University	http://www.hus.osaka-u.ac.jp/english/	
School of Medicine, Kobe University	http://www.med.kobe-u.ac.jp/WelcomeE.html	

Annex VI

**List of Organizations and Individuals
Who Facilitated the Training Course**

List of Organizations and Individuals Who Facilitated the Training Course

We would like to express our gratitude to a number of individuals and organizations listed below for their guidance and support to implement the training course:

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Ms. Tomoyo Wada	Program Director
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Organization	
Name	Position
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Ms. Maoko Okubo	Officer of Public Relations Division
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Dr. Hiroshi Yanagawa	President
Ms. Naoko Watabe	Vice President
Ms. Nogawa	Chair person
Ms. Suzuki Sachiko	Professor
Ms. Midori Shimazaki	Associate Professor
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Ono City Health Center	
Ms. Michiko Inaoka	Chief of Health Division, Citizen's Health Department
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Yashiro Town Health Center	
Mr. Isamu Nakamura	Director of Health Center
Ms. Yoshiko Niki	Head of Health Promotion Section
Ebara Children's Clinic	
Dr. Hakuyo Ebara	Clinic Director
Mori Maternity Home	
Ms. Taneko Mori	Clinic Director
Ms. Taeko Mori	Midwife
Hayashi Obstetrics and Gynecology Clinic	
Dr. Masato Hayashi	Clinic Director
Dr. Hiroya Matsuo	Professor of Faculty of Health Sciences, School of Medicine, Kobe University
Seminar at Hyogo Prefectural Kobe Children's Hospital	
Dr. Masanobu Ohashi	Director of Perinatal center, Hyogo Prefectural Kobe Children's Hospital / Japan Association of Obstetricians and Gynecologists
Dr. Takashi Fujita	Administrative Director of Fujita Pediatric Clinic / Japan Pediatrics Association
Ms. Chisato Mino	Assistant Director of Health Promotion Division, Hyogo Prefectural Govt.
Mana Maternity Home	
Ms. Ikuko Nagahara	Clinic Director
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Ms. Naoko Ichimura	Chief Nurse of Perinatal Center
Symposium on Maternal and Child Health in Indonesia	
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In addition to these individuals and organizations listed above, we would like to thank all the organizations, communities, and individuals for their enthusiasm and cooperation.

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